

# **UPCOMING EVENTS:**

#BeFitKids Classes - Every
Monday, Wednesday and
Friday during the school
term, 4pm - 5pm

End of Cohort 2 Friday 6th July

Sponsor/Parent Showcase Event 3B Fitness Club Friday 6th July 5pm

Start of Cohort 3 Monday 23rd July

www.tautokorangatahi.org.nz www.facebook.com/tautokorangatahi admin@tautokorangatahi.org.nz



**Issue #8. June 2018** 

#### Cohort 2 2018 is already nearing completion!

Some of our #BeFitKids had the opportunity to compete at the TSSA Crossfit Competition at Crossfit New Plymouth on the 10th May. While our #BeFitKids who attended didn't finish in the podium places, each one of the athletes gave it their all and made us all super proud! Congratulations to all that attended, you were amazing!

### Sponsors

A massive thank you to our Cohort 2 Sponsors:

Active Electrical Suppliers, Adrian Cooper Construction, Alison Smith - First National, Ben Thomas Panel Beating, Caffeinate, Craig Fevre Painter and Decorator, DR (Jack) Gray, Hairs the Secret, Hawera Glass & Panel, Hurrell Collision Repairs Ltd, Nix Dungeon, Tara Hogan independent Arbonne Consultant, The Hive NZ, Tommo's Tyres & TSH

We are currently seeking Cohort 3 sponsors. If you would like to show your support for our #BeFitKids, please contact us prior to July 6th.

### End of Cohort 2, start of Cohort 3

The final date for Cohort 2 is Friday the 6th of July. Cohort 2 begins on Monday the 23rd July. All current #BeFitKids will be issued sponsorship forms for cohort 3 in the next couple of weeks.

Please contact us if you would like your child to be considered for introduction to the #BeFitKids program in Cohort 3. The child must be between 11 and 17 years of age to be eligible to register.

### **Sponsors/Parents Showcase Event**

On Friday the 6th July at 5pm Tautoko Rangatahi, 3B Fitness Club and the #BeFitKids would like to invite all our sponsors (past, present and potential) and our parents to attend a small showcase hosted at 3B Fitness Club, which has been put together to demonstrate what the #BeFitKids do during their training sessions, and what they have achieved.

We would love to see you all at our Showcase Event, please accept this notice as your invitation, we would love to see you there

### Nothing Naughty Bars Fundraising

The Nothing Naughty bars have proven to be super popular! We have decided to open this fundraiser up so that we can always ensure we have a good stash in our cupboards! We will now be placing orders monthly. If you would like to order some super delectable Nothing Naughty Bars, please either private message our Facebook page, or place your order on the order forms located at 3B Fitness Club. These bars are absolutely delicious, not to mention healthy, and a great little fundraiser for Tautoko Rangatahi.

## **#BeFitKids June Athlete Profile**

Name: Riley

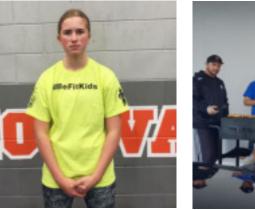
Age: 14 How long have you been a part of the #BeFitKids: 4 Cohorts Reason for joining the #BeFitKids: to get stronger for other sports (BMX & Netball) What have you gained from the #BeFitKids Program: Strength, Discipline & Fitness What's your proudest moment as a #BeFitKid: I was real proud competing at the TSSSA Crossfit Games this year!!

Photo 1: Riley Photo 2: Fundraising BBQ crew

A HUGE THANK YOU TO OUR COHORT 2 SPONSORS

TARA HOGA

ARBONNE



COLLISION

